

**Friday, March 1**

- Community Blood Drive | GMC Marquette - 10:00am

**Monday, March 4**

- Wake UP Walks with the City of Houghton - 9:00am

**Tuesday, March 5**

- Community Blood Drive | L'Anse Township Hall - 2:00pm

**Wednesday, March 6**

- Wake UP Walks with the City of Hancock - 9:00am
- Community Blood Drive | Glen Memorial Baptist Church - 12:00pm

**Thursday, March 7**

- Community Blood Drive | Chippewa County Health Department - 12:00pm

**Friday, March 8**

- Community Blood Drive | Adult Learning Systems, Marquette - 1:00pm

**Monday, March 11**

- Wake UP Walks with the City of Houghton - 9:00am

**Tuesday, March 12**

- Community Blood Drive | Cedarville Community Center - 1:00pm

**Wednesday, March 13**

- Wake UP Walks with the City of Hancock - 9:00am
- Community Blood Drive | UP Health System – Doctors Park, Escanaba - 10:00am

**Thursday, March 14**

- Community Blood Drive | Aspirus Keweenaw Hospital - 3:00pm

**Monday, March 18**

- Wake UP Walks with the City of Houghton - 9:00am
- Community Blood Drive | Our Saviours Lutheran Church, Iron Mountain - 2:30pm

**Tuesday, March 19**

- Community Blood Drive | Northern Michigan University, Jamrich Hall - 10:00am

**Wednesday, March 20**

- Wake UP Walks with the City of Hancock - 9:00am
- Community Blood Drive | L'Anse High School HOSA (at Keweenaw Bay Ojibwa Community College) - 11:00am

**Thursday, March 21**

- Community Blood Drive | Eagles Hall, Ontonagon - 2:00pm

**Monday, March 25**

- Wake UP Walks with the City of Houghton - 9:00am
- Community Blood Drive | Bethany Lutheran Church, Ishpeming - 3:00pm

**Wednesday, March 27**

- Wake UP Walks with the City of Hancock - 9:00am
- Community Blood Drive | Hiawatha Township Hall, Manistique - 1:00pm

**Thursday, March 28**

- Community Blood Drive | American Legion Reino Post 21, Iron River - 12:00pm

---

**Community Blood Drive | GMC Marquette**

**Time:** 10:00am



Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

GMC Marquette is hosting a free community blood drive:

- **Friday, March 1, 2024 | 3 – 6 pm EST**

**Those who donate will be entered into a raffle for a chance to win a free oil change!**

We look forward to seeing you! To learn more or to make an appointment, please contact Cassandra at 906.226.3592.

**Wake UP Walks with the City of Houghton**

**Time:** 9:00am



**Start your mornings with a Wake UP Walk in Houghton!**

UP Health System - Portage and the City of Houghton are hosting group walks for members of our community, focused on movement and socializing. All participants are encouraged to meet at the **Houghton Pier at 9 am** for the start of the walk. We will continue them every Monday—same time and place—for the duration of the summer. See you there!

**Community Blood Drive | L'Anse Township Hall**

**Time:** 2:00pm



Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

L'Anse Township Hall is hosting free community blood drives:

- Tuesday, April 30, 2024 | 2 – 6 pm EST
- Tuesday, March 5, 2024 | 2 – 6 pm EST
- Tuesday, December 26, 2023 | 2 – 6 pm EST
- Tuesday, October 24, 2023 | 2 – 6 pm EST
- Tuesday, August 22, 2022 | 2 – 6 pm EST
- Tuesday, June 27, 2022 | 2 – 6 pm EST

We look forward to seeing you! For more information or to make an appointment, contact the UPRBC at 906.449.1450.

#### Wake UP Walks with the City of Hancock

Time: 9:00am



**Start your mornings on a healthy note and join us!**

UP Health System - Portage and the City of Hancock are hosting group walks for members of our community, focused on movement and socializing. All participants are encouraged to meet at the **Scott Building Parking Lot in Hancock at 9 am** for the start of the walk. We will continue them every Wednesday—same time and place—for the duration of the summer. See you there!

#### Community Blood Drive | Glen Memorial Baptist Church

Time: 12:00pm



# Donate Blood Save Lives

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

Glen Memorial Baptist Church is hosting free community blood drives:

- **Wednesday, March 6, 2024 | Noon – 3 pm EST**
- **Wednesday, January 3, 2024 | Noon – 4 pm EST**
- **Wednesday, November 8, 2023 | Noon – 4 pm EST**

We look forward to seeing you! For more information or to make an appointment, please contact the UPRBC at 906.449.1450.

**Community Blood Drive | Chippewa County Health Department**

**Time:** 12:00pm



# Donate Blood Save Lives

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

The Chippewa County Health Department is hosting free community blood drives:

- **Thursday, March 7, 2024 | Noon - 3 pm EST**
- **Monday, January 8, 2024 | Noon - 3 pm EST**
- **Thursday, October 12, 2023 | Noon - 3 pm EST**
- **Thursday, August 17, 2023 | Noon - 3 pm EST**
- **Thursday, June 15, 2023 | Noon - 3 pm EST**
- **Thursday, April 20, 2023 | Noon - 3 pm EST**
- **Thursday, February 9, 2023 | Noon - 3 pm EST**

We look forward to seeing you! For more information or to make an appointment, contact the UPRBC at 906.449.1450.

**Community Blood Drive | Adult Learning Systems, Marquette**

**Time:** 1:00pm



# Donate Blood Save Lives

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

Adult Learning Systems in Marquette is hosting free community blood drives:

- Friday, March 8, 2024 | 1 pm – 4 pm EST
- Friday, March 10, 2023 | 1 pm – 4 pm EST

We look forward to seeing you! For more information or to make an appointment, please contact the UPRBC at 906.449.1450.

**Community Blood Drive | Cedarville Community Center**

**Time:** 1:00pm



# Donate **Save** Blood **Lives**

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

Cedarville Community Center is hosting free community blood drives:

- **Tuesday, March 12, 2024 | 1 – 4 pm EST**
- **Tuesday, January 16, 2024 | 1 – 4 pm EST**
- **Tuesday, November 21, 2023 | 1 – 4 pm EST**
- **Tuesday, March 14, 2023 | 2 – 5 pm EST**
- **Tuesday, May 30, 2023 | 2 – 5 pm EST**
- **Tuesday, July 25, 2023 | 2 – 5 pm EST**
- **Tuesday, September 26, 2023 | 2 – 5 pm EST**

We look forward to seeing you! To learn more or to make an appointment, please contact the UPRBC 906.449.1450.

**Community Blood Drive | UP Health System – Doctors Park, Escanaba**

**Time:** 10:00am





# Donate Blood Save Lives

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

Doctors Park in Escanaba is hosting a free community blood drives:

- **Thursday, April 18, 2024 | 10 am – 2 pm EST**
- **Wednesday, March 13, 2024 | 10 am – 2 pm EST**
- **Tuesday, February 13, 2024 | 10 am – 2 pm EST**
- **Tuesday, December 12, 2023 | 10 am – 2 pm EST**
- **Tuesday, November 14, 2023 | 10 am – 2 pm EST**
- **Tuesday, October 17, 2023 | 10 am – 2 pm EST**

We look forward to seeing you! For more information or to make an appointment, please contact the UPRBC at 906.449.1450.

## **Community Blood Drive | Aspirus Keweenaw Hospital**

**Time:** 3:00pm



# Donate **Save** Blood **Lives**

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

Aspirus Keweenaw Hospital is hosting free community blood drives:

- **Thursday, March 14, 2024 | 3 – 6 pm EST**
- **Thursday, December 21, 2023 | 3 – 6 pm EST**
- **Thursday, September 14, 2023 | 3 – 6 pm EST**
- **Thursday, June 29, 2023 | 3 – 6 pm EST**
- **Thursday, April 6, 2023 | 3 – 6 pm EST**
- **Thursday, January 19, 2023 | 3 – 6 pm EST**

We look forward to seeing you! To learn more or to make an appointment, please contact Melissa at 906.337.6550.

**Community Blood Drive | Our Saviours Lutheran Church, Iron Mountain**

**Time:** 2:30pm



# Donate Blood Save Lives

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

Our Saviours Lutheran Church is hosting free community blood drives:

- Monday, March 18, 2024 | 2:30 – 6:30 pm EST
- Monday, January 22, 2024 | 3:30 – 7 pm EST
- Monday, November 13, 2023 | 3:30 – 7 pm EST
- Monday, January 30, 2023 | 3:30 – 7 pm EST
- Monday, March 27, 2023 | 3:30 – 7 pm EST
- Monday, May 22, 2023 | 3:30 – 7 pm EST
- Monday, July 17, 2023 | 3:30 – 7 pm EST
- Monday, September 18, 2023 | 3:30 – 7 pm EST

We look forward to seeing you! To learn more or to make an appointment, please contact the UPRBC at 906.449.1450.

## Community Blood Drive | Northern Michigan University, Jamrich Hall

**Time:** 10:00am

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

**COMMUNITY**  
*Nildcat*

# BLOOD DRIVE

Proudly Hosted By:

**NORTHERN MICHIGAN UNIVERSITY**  
1100 JAMRICH HALL, NEAR LOBBY

**TUESDAY**  
**10 AM - 2 PM**

**19**  
**MARCH**

**WALK-INS**  
**WELCOME**

**QUESTIONS?** CONTACT JENNA SICKLE | 231.714.8772 | JENNASICKLE21@GMAIL.COM

**FREE PIZZA** will be provided and donors will be  
entered into a raffle to **WIN PRIZES!**



**Help give back to our  
community by donating blood!**

All donations made with the UP Regional Blood Center  
stay in the UP by supplying blood to patients in need  
at all 13 UP hospitals.

**UPHealthSystem.com | 906.449.1450**



**Community Blood Drive | L'Anse High School HOSA (at Keweenaw Bay Ojibwa Community College)**

**Time:** 11:00am



**Donate Save  
Blood Lives**

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

L'Anse High School HOSA is hosting a free community blood drive at Keweenaw Bay Ojibwa Community College:

- **Wednesday, March 20, 2024 | 11 am – 3 pm EST**

We look forward to seeing you! To learn more or to make an appointment, please contact Brooke at 906.524.6000.

**Community Blood Drive | Eagles Hall, Ontonagon**

**Time:** 2:00pm





# Donate **Save** Blood **Lives**

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

The Eagles Hall in Ontonagon is hosting free community blood drives:

- **Thursday, March 21, 2024 | 2 – 5 pm EST**
- **Thursday, January 25, 2024 | 2 – 5 pm EST**
- **Thursday, November 30, 2023 | 2 – 5 pm EST**
- **Thursday, August 3, 2023 | 2 – 5 pm EST**
- **Thursday, June 8, 2023 | 2 – 5 pm EST**

We look forward to seeing you! For more information or to make an appointment, please contact the UPRBC at 906.449.1450.

**Community Blood Drive | Bethany Lutheran Church, Ishpeming**

**Time:** 3:00pm



# Donate Blood Save Lives

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

Bethany Lutheran Church in Ishpeming is hosting free community blood drives:

- **Monday, March 25, 2024 | 3 – 6 pm EST**
- **Wednesday, August 30, 2023 | 3 – 6 pm EST**
- **Wednesday, May 3, 2023 | 3 – 6 pm EST**

We look forward to seeing you! For more information or to make an appointment, please contact Doug and Jill at 906.485.4103.

**Community Blood Drive | Hiawatha Township Hall, Manistique**

**Time:** 1:00pm





# Donate **Save** Blood **Lives**

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

The Hiawatha Township Hall in Manistique is hosting free community blood drives:

- Wednesday, March 27, 2024 | 1 - 5:15 pm EST
- Wednesday, January 31, 2024 | 1 - 5:15 pm EST
- Wednesday, November 29, 2023 | 1 - 5:15 pm EST
- Wednesday, October 4, 2023 | 1 - 5:15 pm EST
- Wednesday, August 9, 2023 | 1 - 5:15 pm EST
- Wednesday, June 14, 2023 | 1 - 5:15 pm EST (World Blood Donation Day!)
- Wednesday, April 19, 2023 | 1 - 5:15 pm EST
- Wednesday, February 22, 2023 | 1 - 5:15 pm EST

We look forward to seeing you! For more information or to make an appointment, contact Mindy at 906.341.5777.

**Community Blood Drive | American Legion Reino Post 21, Iron River**

**Time:** 12:00pm



# Donate Blood Save Lives

Find a blood drive near you today.

Blood is essential to providing lifesaving care for many patients—from a car accident victim to a cancer patient receiving treatment. The Upper Peninsula Regional Blood Center (UPRBC) depends on community donations to supply 13 hospitals across the Upper Peninsula. Donating is quick, easy and safe—a single donation could save up to three lives.

The American Legion Reino Post 21 in Iron River is hosting a free community blood drive:

- **Thursday, March 28, 2024 | Noon – 3 pm EST**

We look forward to seeing you! To learn more or to make an appointment, please contact the UPRBC at 906.449.1450.